NOVEMBER program 2026

Selbsthilfe & Beratung, Wildwasser e.V
Community Empowerment
Friesenstr. 6, 10965 Berlin, Kreuzberg
community.selbsthilfe@wildwasser-berlin.de

TUESDAY 03.11 ART NIGHT

5pm - 8pm (no registration needed)

We've got a wonderful selection of paints, pastels, and paper waiting for you. Come along, relax, and let your imagination wander freely as you express yourself in your own way. Whether you want to create something colourful, dark, figurative, abstract, small or big, this is your space to explore and unwind!

TUESDAY 10.11 SEWING EVENING

6pm - 8pm (registration needed)

(registration via e-mail : community.selbsthilfe@wildwasser-berlin.de)

Write and share your poems, short stories or texts! Together we can dive into our creativity and share ideas on how we can express our toughts, ideas and feelings through words. We will prepare some writing exercise to get into the writing flow. If you are brave and feel comfortable you can share your written art at the end of the evening.

TUESDAY 17.11 CONVERSATION EVENING : FAMILY MY WAY

6pm - 8pm (registration needed)

(registration via e-mail to this address : community.selbsthilfe@wildwasser-berlin.de)

Having no contact with your family of origin can have many reasons. It can impact a person's life in obvious and invisible ways. We want to come together and talk about it. With interest a regular group can develop.

SUNDAY 22.11 COMMUNITY AFTERNOON !!

From 12pm to 5pm (no registration needed)

The Community Afternoon is a relaxed, low-threshold event that offers a space to meet, connect or wonder around a fabulous clothing swap. Our space is transformed into a cozy free vintage shop and welcoming coffee corner. You don't have clothes to swap? That's absoooooolutely no problem! There's plenty of clothing waiting for a new life and new owner. Friends and family are of course welcome.

TUESDAY 24.11 SILENT CO-EXISTING

5pm - 8pm (no registration needed)

As a counterbalance to the hustle and bustle and the sometimes overwhelming pressures of everyday life, expectations and the constant drive to perform, we'd like to open up our spaces so we can simply be together in a shared environment. 'Quiet' means that we aim to create a low-noise, low-stimulus environment that helps us to slow down. Feel free to drop by and bring whatever you need: a book, your headphones, colouring books, writing materials.